

# Phoenix Muay Thai

## RULES

1. UNIFORMS MUST BE WORN ACCORDING TO INDIVIDUAL CAMP COLORS, AND MUST BE KEPT IN A CLEAN CONDITION.
2. RESPECT MUST BE GIVEN TO MASTERS, INSTRUCTORS AND THEY MUST BE CALLED 'MASTER' OR 'AR-JAN', 'INSTRUCTOR' OR 'KRU'.
3. STUDENTS MUST STAND TO ATTENTION WHEN BEING SPOKEN TO OR SPEAKING TO MASTERS.
4. NO VALUABLE THINGS TO BE WORN DURING TRAINING, FOR EXAMPLE RING, WATCH, NECKLACE ETC.
5. WAI (BOWS) MUST BE MADE: -
  - a) WHEN ENTERING AND LEAVING TRAINING ROOM
  - b) JOINING THE CLASS
  - c) TO MASTERS
  - d) TO PARTNERS FOR TRAINING
  - e) ALL SENIORS
  - f) WHEN FOUL BLOWS ARE DELIVERED TO OPPONENTS DURING TRAINING
6. NO SMOKING IS ALLOWED IN THE PRESENCE OF MASTERS, NOT AT ALL FOR FIGHTERS.
7. NO CONSUMPTION OF ALCOHOL BEFORE TRAINING, NOT AT ALL FOR FIGHTERS.
8. NO SWEARING OR BAD BEHAVIOUR.
9. STUDENTS MUST OBTAIN PERMISSION TO LEAVE THE TRAINING ROOM DURING TRAINING.
10. STUDENTS ARE NOT ALLOWED TO TRAIN IN OTHER MARTIAL ARTS WITHOUT PERMISSION OF THEIR MASTERS.
11. DEROGATORY REMARKS ARE NOT TO BE SPOKEN AGAINST OTHER MARTIAL ARTS, AND PROPER RESPECT SHOULD BE GIVEN TO THEM.
12. ALL STUDENTS MUST CONDUCT THEMSELVES IN A SPORTSMANLIKE MANNER.
13. STUDENTS MUST TRAIN REGULARLY, IF THERE ARE ANY SERIOUS PROBLEMS THEY MUST REPORT TO THE MASTERS, OTHERWISE THEY WILL NOT BE ALLOWED TO TRAIN AGAIN.
14. STUDENTS MUST NOT USE THAI BOXING IN A WRONG PURPOSE, WHICH IS AGAINST THE LAW ORDER.

**BREACH OF THESE RULES  
WILL BE PENALISED BY: -**

1. WARNING
2. PUNISHMENT
3. ENDORSEMENT
4. SUSPENSION/BANNED  
(GIVEN LENGTH OF TIME)

**SPECIAL AWARDS TO BE GIVEN  
ANNUALLY FOR: -**

1. RESPECT
2. DEMONSTRATION & GOOD CONDUCT
3. TRAINEE INSTRUCTOR & INSTRUCTOR
4. CLASS OF FIGHTER
5. PROMOTER
6. OFFICER